

Spring Programming

Registration Information Package

All Registration is On-line at www.skatesaskatoon.com

Create Member Profile if new

Login/Add Participant/

Go To Registration Filter on Spring 2017 Season/CanSkate

April 3rd – May 31st, 2017

**All levels available for: Learn to Skate/Competitive
Programs/CanPower
Coaching/Team Classes**

- * Low student to coach ratio
- * Limited number of participants per session
- * Instruction by NCCP Coaches
- * Get the edge by skating year round

For more information email: support@skatesaskatoon.com

<http://skatesaskatoon.weebly.com>

Club Manager: Blaise Kirchesner

Location: A.C.T. SKATING CENTRE

107-105th Street East

Sanctioned by Skate Canada

Spring CanSkate CanPower

Monday, Thursday and Saturday

CanSkate Stages 1 through 3 (M/Th/Sat)

Power Edges — Saturday

(including Stages 4 – 6)

CanPower Thursday (Power Skating Skills)

Ages 3 and up/School Age/Adult

Skate Canada Stage 1 through 6

(Hockey/Figure/Ringette/Speed/
Recreational Skating)

Club Manager: Blaise Kirchgesner

(office@skatesaskatoon.com)

Sanctioned by Skate Canada

Registration Available On-line ONLY at www.skatesaskatoon.com

ADDITIONAL SPRING PROGRAMS FOR CANSKATE

- For some skaters at the CanSkate level, the program times offered are either not enough skating time, the instruction not individually focused enough or the schedule does not work around their other activities.
- The Saskatoon Spring School offers other options as indicated below.
- For further information about these options either contact support via email: support@skatesaskatoon.com or any club professional coach listed under the "Coaches" listed on the website www.skatesaskatoon.com

POWER EDGES SPRING PROGRAM (Saturday – CanSkate #3) for CanSkate Stages 4 through 6

CanPower (Register for Thursday Option 41 8:45 – 9:30 pm) – Designated time for Private Power Skating Coaching – (limited spots available) – Brush up on your hockey power skating and agility skills at the end of the season!

ALL CANSKATE PARTICIPANTS MUST WEAR A CSA APPROVED HELMET

PRIVATE OR SEMI-PRIVATE LESSONS

Private and Semi Private lessons are available to all levels of skaters in Skate Saskatoon. Private lessons have shown to greatly increase the advancement of a skater. These lessons are given either prior to or immediately following CanSkate sessions or on skating times organized by the coach and parent with purchase of a session ticket from Skate Saskatoon. Coaching time is billed separately from the individual coach. Check with Skate Saskatoon coaches listed on the application form or preferred qualified coach for availability and lesson rates. Contact information for club coaches can be found on the website at www.skatesaskatoon.com. Lessons can be booked for the duration of the Spring School.

ALTERNATE PROGRAM- JOIN ADVANCED CANSKATE GROUP

Some skaters who have been in the CanSkate Program and have passed Stage 3 may be recommended to move to Advanced CanSkate Group for Spring School or Power Edges for those continuing with non- figure skating programs. The Advanced CanSkate Program prepares skaters for the Skate Canada figure skating program and to complete the CanSkate program. The PowerEdges Program prepares skaters for other Skating Activities allowing them to fully benefit from the CanSkate skills. The only requirements for Advanced Programs are that skaters be able to skate forwards and backwards and be over 5 years old. The program is designed to introduce skaters to skills in edges, stroking, freeskate, dance and performance and to give them the necessary confidence and ability to work independently at the Skate Canada Figure Skating level. More information on upper levels may be found at www.skatesaskatoon.com.

SUMMER PROGRAM—There will be summer programs for all CanSkate Levels (July-August).

ADVANCED CANSKATE AND JUNIOR SPRING PROGRAM— APRIL 3th – MAY 3st, 2017

REQUIREMENTS: skaters must be able to skate and stop forwards and backwards and be over 5 years old. **It is recommended that skaters have or be working on (partly completed) CanSkate Stage 3 before joining the Advanced CanSkate program.** Small groups are generally organized by age and ability.

Advanced CanSkate introduces skaters to skills in edges, stroking, freeskate, dance and performance and reinforces daily, proper warm up and practice technique. Confidence and ability to work independently at the Skate Canada Figure Skating level is another focus of the program. **Forty-five minute sessions on Tuesday (practice session), Wednesday and Saturdays (group coached programs).**

Juniors Program offers enhanced development of skills, Freeskate, dance and introduction to StarSkate Testing system and competitive skills. **(Tuesday – practice ice just for Juniors (coaching not included) and Saturday Group Instruction—coaching included).**

Skills will be monitored and in the event that a skater is ready to take a Skate Canada test (May).

ADDITIONAL SPRING OPTIONS AVAILABLE FOR ADVANCED CANSKATE

Some skaters require and prefer more skating time, individual instruction, or flexibility in the schedule. For these skaters, we provide the following options:

1. PRIVATE OR SEMI-PRIVATE LESSONS – Those wanting private or semi- private lessons should contact a professional coach to confirm lesson requirements and times for the spring. The Professional Coach will provide guidance as to booking open option sessions. Private and semi-private lessons can be given either prior to or immediately following Advanced CanSkate sessions or on skating times organized by the coach and parent.

If you are interested in having a private lesson contact a Skate Saskatoon Club coach for availability and lesson rates. Lessons can be booked for the duration of the Spring School with any Club coach. Up to 4 skaters can be included in a semi- private lesson. For those who are presently receiving private lessons, contact your coach to arrange lessons and times for spring. Coaches will bill individuals for such lessons.

2. ADDITIONAL SKATING TIMES– Skate Saskatoon offers skating times for all levels of skaters several times during the week. These times are 45 minutes in duration. All options must be registered on-line or a Valid Spring Ice Session ticket purchased on-line and entered in the sign on book (podium nearest the music room) prior to entering the ice surface.

Failure to be registered or have a valid ice ticket will result in a \$25 administration charge for invoicing in addition to ice charges.